

**Wappingers Central School District
Department of Physical Education:
High School Physical Education Syllabus**

**John Jay High School
897-6700 ext. 30045/46
Hopewell Junction, NY**

**Roy C. Ketcham
298-5100
Wappingers Falls NY**

Courses:

9th Grade: Personal Challenge
10th Grade Healthy Lifestyles
11th and 12th Grade Lifetime Physical Education

Class Attire

All students are expected to be in ATHLETIC ATTIRE each class session. Shorts should be at least mid-thigh, T-shirts, sweatpants, and sneakers are examples of correct attire. Students must wear sneakers; any other footwear will result in an inability to participate, and loss of credit. Students are not permitted to wear jeans, skirts, dresses, tank tops, crop tops or sleeveless shirts. All attire worn during Physical Education must comply with the Board of Education Approved, Wappingers Central School District Code of Conduct. Any jewelry considered dangerous should be removed before class. Physical Education teachers will have final discretion as to what is deemed acceptable apparel for class.

Class Participation/Attendance

The expectation is that each student will be in class, prepared, and participate on a daily basis. Physical Education is a participation-based program; therefore absences from class will affect student grades. Any absences from class for **ANY REASON** (sickness, appointments etc.) must be made up prior to the end of the five week mark in order to recover credit from the absence. During each marking period students are allowed to miss 2 absences due to **SCHOOL RELATED** conflicts (music lessons, field trips, AP exams, etc.) without having to make them up. It is the **STUDENT'S** responsibility to inform their teacher of this conflict **PRIOR** to missing the class.

Make-up Classes

In order to make up for an absence from a physical education class, students may attend a **ZERO PERIOD** class on **EVEN** days (2,4,6) 6:45-7:20am. Students must arrive at the John Jay Gymnasium by 6:45am and be ready to participate. Upon successful completion of the make-up period the teacher in charge will sign off on a make-up card. In the event that a student has an inability to attend zero period, they can contact their teacher directly.

All classes must be made up before the end of the five week period

Credit lost from Cut classes, Being Late, or being Unprepared cannot be made-up

It is the STUDENT'S' responsibility to be aware of absences throughout the school year. Please check with your teacher if you have any questions regarding your absences*

Below are the 5 week cut off dates that students must make-up legal absences by

<u>Quarter 1</u>	<u>Quarter 2</u>	<u>Quarter 3</u>	<u>Quarter 4</u>
October 7th	December 16th	March 3rd	May 12th
November 10th	January 27th	March 31st	June 13th

Medical Excuses

New York State Regulations state that there are **NO** medical exemptions from Physical Education. Should a student have a doctor's note stating he/she is medically limited from participating in Physical Education, it must be brought to the nurse and then they will provide a card for the student to give to their teacher. At that time the teacher will modify the curriculum to reflect the limitations related to the injury/illness. If no limitations are given, the teacher may have to assign written work, if participation is not permissible.

Class Failures

If a student fails Personal Challenge (9th grade) or Healthy Lifestyles (10th grade) Physical Education for the year they will be required to retake the course the following year. These courses **CANNOT** be made up in summer school. If a student fails a semester of Lifetime (11th or 12th grade) Physical Education, the class can be made up by attending an approved summer school program or retaking the class during their senior year.

GRADING POLICIES

Personal Challenge (9th Grade) Grading Policy

(5 points earned daily for 100% of grade):

- 1 point = Attending class on time
- 1 point = In proper attire/ on time
- 1 point = Demonstrated Skill Level
- 1 point = Cooperation
- 1 point = Participation and Effort in class

Healthy Lifestyles (10th Grade) Grading Policy

(5 points daily = 80% of grade; Tests/Quizzes= 20% of grade):

****Non-notebook days****

- 1 point = Attending class on time
- 1 point = In proper attire/ on time
- 1 point = Demonstrated Skill Level
- 1 point = Cooperation
- 1 point = Participation and Effort in class

****Notebook-usage days****

- 1 point = Attending class on time
- 2 points = In proper attire/ On time
- 2 points = Possession of & correct participation in notebook, pencil/pen

****Students are responsible for having their notebook at every class unless otherwise notified****

Lifetime PE (11-12th Grade) Grading Policy

(5 points earned daily for 100% of grade):

- 1 point = Attending class on time
- 1 point = In proper attire/ on time
- 1 point = Demonstrated Skill Level
- 1 point = Cooperation
- 1 point = Participation and Effort in class

Additional Disciplinary / Grading Information:

As per WCSD BOE Policy (below), Cell phones should not be in your possession, or in use during class unless otherwise designated by the teacher on a given day. Failure to Comply may lead to disciplinary action, leading to an inability to participate and loss of credit for that day.

Excerpt from BOE POLICY regarding Cell Phone Usage:

Grades 9 through 12: It is the policy of the Wappingers Central School District that students in grades 9-12 are allowed to carry smart devices during school hours and on school vehicles. However, during instructional times, students are prohibited from possessing smart devices on their person (study halls are considered instructional times unless otherwise determined by the Building Principal). Smart devices must be stored in a school bag or another location determined by the staff member in charge of that location.

Any student who knowingly possesses a smart device on his/her person during an instructional period without permission, will be considered insubordinate and subject to the Student Code of Conduct.

It is the policy of the Wappingers Central School District that the use of personal cell phones and other electronic devices is not permitted by students in grades 9-12. This is inclusive of specific common areas; locker rooms, bathrooms, gym class, the auditorium, and classrooms (except for instructional purposes, and only at the discretion of the teacher), and hallway

Students are prohibited from using smart phones and other electronic devices for the following purposes:

- To take pictures or record video of individuals or groups of persons while on school property or at school sponsored events*
- ; • To record classes, meetings, or conversations without the express written consent of the teacher of the class, the professional leading the meeting or the professional having the conversation with the student or students.*

The use of personal cell phones or other electronic devices for instructional purposes as per an Individualized Education Plan (IEP) or 504 accommodation is permissible.

Misuse of any of these personal electronic devices will result in disciplinary action as outlined in Section VI of the Code of Conduct. Some uses of personal electronic devices constitute a violation of the school district Code of Conduct and in some instances, the law. The school district will cooperate with law enforcement officials as appropriate

For safety reasons the use of headphones or ear buds outside of classrooms or designated areas is strictly prohibited.

The school district is not responsible for any lost, stolen, or damaged smart device.

Physical Education is a New York State requirement for graduation